

SCHEDULE

FRIDAY JUNE 26, 2026



EVENT	START	FINISH	LOCATION
Open Water Swim Training in the bassin Louise in 50m	10:30am	6pm	L'Oasis du Port de Québec 80, Quai Saint-André, Québec, G1K 3Y2
C25 SPRINT + A51 OLYMPIC Triathlon Registrations Athlete Kit Pick-up No check in on Saturday	12pm	7pm	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
P113 DEMI Triathlon Registrations Athlete Kit Pick-up No check in on Sunday	12pm	7pm	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
R226 LONG DISTANCE Triathlon Registrations Athlete Kit Pick-up No check-in on Sunday	12pm	5.30pm	Le Pavillon de l'Espace Quatre Cents 3rd floor VIP 100, Quai Saint-André, Québec, G1K 3Y2
Media and VIP Area	12pm	6pm	Le Pavillon de l'Espace Quatre Cents 3 ^e étage 100, Quai Saint-André, Québec, G1K 3Y2
Information Center, EXPO, and Boutiques	12pm	7pm	Le Pavillon de l'Espace Quatre Cents et BUZZ LAVAL Volkswagen stage, Expo area near the finish line
C25 SPRINT + A51 OLYMPIC Transition Area - Opening Mandatory Bike Check-In No bike drop-off on Saturday morning	12pm	7:30pm	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
Athlete meeting My first triathlon!	3pm		BUZZ LAVAL Volkswagen stage, Expo area near the finish line
C25 SPRINT + A51 OLYMPIC Mandatory Athlete Meeting	4pm and 6pm		BUZZ LAVAL Volkswagen stage, Expo area near the finish line
C25 SPRINT + A51 OLYMPIC MANDATORY ATHLETE/TEAM MEETING At least 1 team member must attend	4pm		BUZZ LAVAL Volkswagen stage, Expo area near the finish line
R226 LONG DISTANCE Mandatory Athlete Meeting	5pm		BUZZ LAVAL Volkswagen stage, Expo area near the finish line
R226 LONG DISTANCE MANDATORY ATHLETE/TEAM MEETING At least 1 team member must attend	5pm		BUZZ LAVAL Volkswagen stage, Expo area near the finish line

C25 SPRINT

A51 OLYMPIQUE

P113 DEMI

R226 LONGUE DISTANCE

Continuation of the **Friday, June 26** schedule on the following page. >

SCHEDULE

SATURDAY JUNE 27, 2026



EVENT	START	END	LOCATION
Transition area C25 SPRINT - Opening No bike drop-off on Saturday morning	6:45am	7:45am	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
Transition area A51 OLYMPIC - Opening No bike drop-off on Saturday morning	6:45am	9:15am	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
Information Center, Media and VIP	6:30am	5pm	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
VIP Area To attend the swim start	7:00am	10:30am	Le Pavillon de l'Espace Quatre Cents 3rd floor 100, Quai Saint-André, Québec, G1K 3Y2
Protocol Ceremony C25 SPRINT	7:50am		L'Oasis du Port de Québec 80, Quai Saint-André, Québec, G1K 3Y2
C25 SPRINT Triathlon Start All Age Groups (Rolling Start)	8:00am		L'Oasis du Port de Québec 80, Quai Saint-André, Québec, G1K 3Y2
Protocol Ceremony A51 OLYMPIC	9:20am		L'Oasis du Port de Québec 80, Quai Saint-André, Québec, G1K 3Y2
A51 OLYMPIC Triathlon Start All Age Groups (Rolling Start)	9:30am		L'Oasis du Port de Québec 80, Quai Saint-André, Québec, G1K 3Y2
VIP Finish Line	8:45am	2:30pm	Le Parc des Quais St-André de L'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
Expo & Boutiques	9:00am	5pm	Les Quais de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2 BUZZ LAVAL Volkswagen stage, Expo area near the finish line
C25 SPRINT Equipment Pick-up	9:30am	12pm	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
Open Water Swim Training in the bassin Louise in 50m	11:00am	5pm	L'Oasis du Port de Québec 80, Quai Saint-André, Québec, G1K 3Y2
C25 SPRINT Athletes' Ceremony Awards and Medals Ceremony	11:30am		BUZZ LAVAL Volkswagen stage Expo area near the finish line
A51 OLYMPIC Equipment Pick-up	11:00am	2pm	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
A51 OLYMPIC Athletes' Ceremony Awards and Medals Ceremony	12:30pm		BUZZ LAVAL Volkswagen stage Expo area near the finish line

C25 SPRINT

A51 OLYMPIQUE

P113 DEMI

A226 LONGUE DISTANCE

Continuation of the **SATURDAY JUNE 27** schedule on the following page.



SCHEDULE

SATURDAY JUNE 27, 2026 (SUITE)



EVENT	START	END	LOCATION
P113 DEMI + R226 LONG DISTANCE Triathlon Registration Athlete Kit Pick-up No check in on Sunday	1:30pm	5:30pm	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
P113 DEMI + R226 LONG DISTANCE Transition Area - Opening Mandatory Bike Check-In No bike drop-off on Sunday morning	1:30pm	6pm	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
R226 LONG DISTANCE Mandatory Athlete Meeting	2pm		BUZZ LAVAL Volkswagen stage Expo area near the finish line
R226 LONG DISTANCE Mandatory Athlete Meeting/Team meeting At least 1 team member must attend	2pm		BUZZ LAVAL Volkswagen stage Expo area near the finish line
P113 DEMI Mandatory Athlete Meeting	3pm and 4:30pm		BUZZ LAVAL Volkswagen stage Expo area near the finish line
P113 DEMI Mandatory Athlete Meeting/Team meeting At least 1 team member must attend	4:45pm		BUZZ LAVAL Volkswagen stage Expo area near the finish line
Loterie ROTH 2027 - P113 Interested athletes must be present	5pm		BUZZ LAVAL Volkswagen stage Expo area near the finish line

C25 SPRINT

A51 OLYMPIQUE

P113 DEMI

R226 LONGUE DISTANCE

SCHEDULE

SUNDAY 28 JUNE, 2026



EVENT	START	END	LOCATION
Transition Area R226 Long distance - Opening No bike drop-off on Sunday morning	5:45am	6:45am	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
Transition Area P113 DEMI - Opening No bike drop-off on Sunday morning	6am	9am	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
VIP Area To attend the swim start	6am	10:30am	Le Parc des Quais St-André de L'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
Information Center and Media	6am	10pm	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
Protocol Ceremony R226 Long distance	6:50am		L'Oasis du Port de Québec 100, Quai Saint-André, Québec, G1K 3Y2
R226 Long distance Triathlon Start All Age Groups (Rolling Start)	7am		L'Oasis du Port de Québec 100, Quai Saint-André, Québec, G1K 3Y2
Protocol Ceremony P113 DEMI	9:20am		L'Oasis du Port de Québec 100, Quai Saint-André, Québec, G1K 3Y2
P113 DEMI Triathlon Start All Age Groups (Rolling Start)	9:30am		L'Oasis du Port de Québec 100, Quai Saint-André, Québec, G1K 3Y2
VIP Area Finish Line	1pm	10pm	Finish line area 100, Quai Saint-André, Québec, G1K 3Y2
Expo & Boutiques	9:30am	6pm	Expo area near the finish line
P113 DEMI Equipment Pick-up	2pm	7pm	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
P113 DEMI Athletes' Ceremony Awards and Medals Ceremony	4:30pm		Les Quais de l'Espace Quatre Cents/ BUZZ LAVAL Volkswagen stage Expo area near the finish line
R226 Long distance Equipment Pick-up	3:30pm	10pm	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, G1K 3Y2
R226 Long distance Athletes' Ceremony Awards and Medals Ceremony	8:30pm		Les Quais de l'Espace Quatre Cents/ BUZZ LAVAL Volkswagen stage Expo area near the finish line
End of activities	10pm		<i>Congratulations! See you next year!</i>

C25 SPRINT

A51 OLYMPIQUE

P113 DEMI

R226 LONGUE DISTANCE