

SCHEDULE

FRIDAY JUNE 26, 2026



| EVENT | START | FINISH | LOCATION |
|---------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|--------|--------------------------------------------------------------------------------------------------------|
| Open Water Swim Training in the bassin Louise in 50m | 10:30am | 6pm | L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| C25 SPRINT + A51 OLYMPIC Triathlon Registrations Athlete Kit Pick-up No check in on Saturday | 12pm | 7pm | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 |
| P113 DEMI Triathlon Registrations Athlete Kit Pick-up No check in on Sunday | 12pm | 7pm | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 |
| R226 Long distance Triathlon Registrations Athlete Kit Pick-up No check-in on Saturday and Sunday | 12pm | 5.30pm | Le Pavillon de l'Espace Quatre Cents 3rd floor VIP 100, Quai Saint-André, Québec, QC G1K 9B7 |
| Media and VIP Area | 12pm | 6pm | Le Pavillon de l'Espace Quatre Cents 3 ^e étage 100, Quai Saint-André, Québec, QC G1K 9B7 |
| Information Center, EXPO, and Boutiques | 12pm | 7pm | Le Pavillon de l'Espace Quatre Cents et BUZZ Volkswagen stage, Expo area near the finish line |
| C25 SPRINT + A51 OLYMPIC Transition Area - Opening Mandatory Bike Check-In No bike drop-off on Saturday morning | 12pm | 7:30pm | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 |
| Athlete meeting My first triathlon ! | 3pm | | BUZZ Volkswagen stage, Expo area near the finish line |
| C25 SPRINT + A51 OLYMPIC Mandatory Athlete Meeting | 4pm and 6pm | | BUZZ Volkswagen stage, Expo area near the finish line |
| C25 SPRINT + A51 OLYMPIC MANDATORY ATHLETE/TEAM MEETING At least 1 team member must attend | 4pm | | BUZZ Volkswagen stage, Expo area near the finish line |
| R226 Long distance Mandatory Athlete Meeting Welcome cocktail Tickets \$ in limited quantity for family | Opening 5.30pm Ceremony 6pm | | Théâtre La Caserne scène jeunes publiques 103, rue Dalhousie, Québec, G1K 4B8 |

C25 SPRINT

A51 OLYMPIQUE

P113 DEMI

R226 LONGUE DISTANCE

Continuation of the **Friday, June 26** schedule on the following page. >

SCHEDULE

SATURDAY JUNE 27, 2026



| EVENT | START | END | LOCATION |
|--------------------------------------------------------------------------------------|---------|---------|------------------------------------------------------------------------------------------------------------------------------------------|
| Transition area C25 SPRINT - Opening No bike drop-off on Saturday morning | 6:45am | 7:45am | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 |
| Transition area A51 OLYMPIC - Opening No bike drop-off on Saturday morning | 6:45am | 9:15am | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 |
| Information Center, Media and VIP | 6:30am | 5pm | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 |
| VIP Area To attend the swim start | 7:00am | 10:30am | Le Pavillon de l'Espace Quatre Cents 3rd floor 100, Quai Saint-André, Québec, QC G1K 9B7 |
| Protocol Ceremony C25 SPRINT | 7:50am | | L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| C25 SPRINT Triathlon Start All Age Groups (Rolling Start) | 8:00am | | L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| Protocol Ceremony A51 OLYMPIC | 9:20am | | L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| A51 OLYMPIC Triathlon Start All Age Groups (Rolling Start) | 9:30am | | L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| VIP Finish Line | 8:45am | 2:30pm | Le Parc des Quais St-André de L'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G G1K 9B7 |
| Expo & Boutiques | 9:00am | 5pm | Les Quais de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 BUZZ Volkswagen stage, Expo area near the finish line |
| C25 SPRINT Equipment Pick-up | 9:30am | 12pm | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 |
| Open Water Swim Training in the bassin Louise in 50m | 11:00am | 5pm | L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| C25 SPRINT Athletes' Ceremony Awards and Medals Ceremony | 11:30am | | BUZZ Volkswagen stage Expo area near the finish line |
| A51 OLYMPIC Equipment Pick-up | 11:00am | 2pm | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 |
| A51 OLYMPIC Athletes' Ceremony Awards and Medals Ceremony | 12:30pm | | BUZZ Volkswagen stage Expo area near the finish line |

C25 SPRINT

A51 OLYMPIQUE

P113 DEMI

A226 LONGUE DISTANCE

Continuation of the **SATURDAY JUNE 27** schedule on the following page. >

SCHEDULE

SATURDAY JUNE 27, 2026 (SUITE)



| EVENT | START | END | LOCATION |
|-------------------------------------------------------------------------------------------------------------------------------------|-------------------|--------|-----------------------------------------------------------------------------------|
| P113 DEMI Triathlon Registration Athlete Kit Pick-up No check in on Sunday | 1:30pm | 5:30pm | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| P113 DEMI + R226 Long distance Transition Area - Opening Mandatory Bike Check-In No bike drop-off on Sunday morning | 1:30pm | 6pm | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| Mandatory Athlete Meeting P113 DEMI | 3pm and 4:30pm | | BUZZ Volkswagen stage Expo area near the finish line |
| Mandatory Athlete Meeting/Team meeting P113 DEMI At least 1 team member must attend | 4:45pm | | BUZZ Volkswagen stage Expo area near the finish line |
| Loterie ROTH 2027 - P113 Interested athletes must be present | 5pm | | BUZZ Volkswagen stage Expo area near the finish line |

C25 SPRINT

A51 OLYMPIQUE

P113 DEMI

R226 LONGUE DISTANCE

SCHEDULE

SUNDAY 28 JUNE, 2026



| EVENT | START | END | LOCATION |
|-------------------------------------------------------------------------------------------|--------|---------|---------------------------------------------------------------------------------------------------|
| Transition Area R226 Long distance - Opening No bike drop-off on Sunday morning | 5:45am | 6:45am | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| Transition Area P113 DEMI - Opening No bike drop-off on Sunday morning | 6am | 9am | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| VIP Area To attend the swim start | 6am | 10:30am | Le Parc des Quais St-André de L'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G 1K 9B7 |
| Information Center and Media | 6am | 10pm | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| Protocol Ceremony R226 Long distance | 6:50am | | L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| R226 Long distance Triathlon Start All Age Groups (Rolling Start) | 7am | | L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| Protocol Ceremony P113 DEMI | 9:20am | | L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| P113 DEMI Triathlon Start All Age Groups (Rolling Start) | 9:30am | | L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| VIP Area Finish Line | 1pm | 10pm | Finish line area 100 Quai Saint-André, Québec, Qc, G1K 3Y2 |
| Expo & Boutiques | 9:30am | 6pm | Expo area near the finish line |
| P113 DEMI Equipment Pick-up | 2pm | 7pm | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| P113 DEMI Athletes' Ceremony Awards and Medals Ceremony | 4:30pm | | Les Quais de l'Espace Quatre Cents/ BUZZ Volkswagen stage Expo area near the finish line |
| R226 Long distance Equipment Pick-up | 3.30pm | 10pm | Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2 |
| R226 Long distance Athletes' Ceremony Awards and Medals Ceremony | 8.30pm | | Les Quais de l'Espace Quatre Cents/ BUZZ Volkswagen stage Expo area near the finish line |
| End of activities | 10pm | | <i>Congratulations! See you next year!</i> |

C25 SPRINT

A51 OLYMPIQUE

P113 DEMI

R226 LONGUE DISTANCE