

SCHEDULE

FRIDAY JUNE 27, 2025

EVENT	START	END	LOCATION
Open Water Swim Training	10:30 AM	6:00 PM	L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2
C25 SPRINT + A51 OLYMPIC Triathlon Registrations Athlete Kit Pick-up No check in on Saturday	12:30 PM 	7:30 PM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7
P113 DEMI Triathlon Registrations Athlete Kit Pick-up No check in on Sunday	12:30 PM 	7:30 PM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7
Media and VIP Area	13:30 PM 	6:00 PM	3rd Floor, Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7
Information Center, EXPO, and Shops	12:00 PM	7:30 PM 	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7
C25 SPRINT + A51 OLYMPIC Transition Area - Opening Mandatory Bike Check-In No bike drop-off on Saturday morning	12:00 PM	8:00 PM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7
My first triathlon	15:00 PM		Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 
C25 SPRINT + A51 OLYMPIC Mandatory Athlete Meeting	4:30 PM or 6:30 PM		Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 
C25 SPRINT TEAMS + A51 OLYMPIC TEAMS MANDATORY ATHLETE/TEAM MEETING At least 1 team member must attend	7:30 PM		Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7 

C25 SPRINT

A51 OLYMPIC

P113 DEMI

*SUBJECT TO CHANGE

SCHEDULE

SATURDAY JUNE 28, 2025

EVENT	START	END	LOCATION
Transition Area - Opening No bike drop-off on Saturday morning	5:30 AM	8:15 AM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7
Information Center, Media and VIP	6:00 AM	5:00 PM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7
VIP Area For watching the swim start	6:00 AM	9:00 AM	Le Pavillon de l'Espace Quatre Cents Terrasse 100, Quai Saint-André, Québec, QC G1K 9B7
Protocol Ceremony	6:50 AM		L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2
C25 SPRINT Triathlon Start All Age Groups (Rolling Start)	7:00 AM		L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2
VIP Finish Line	7:30 AM	1:00 PM	Arrival area Les Quais de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7
A51 OLYMPIC Triathlon Start All Age Groups (Rolling Start)	8:30 AM		L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2
Expo and Shops	8:30 AM	5:00 PM	Les Quais de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7
C25 SPRINT Equipment Pick-up	9:00 AM	12:30 PM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 9B7
Open Water Swim Training	11:00 AM	5:00 PM	L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2

C25 SPRINT

A51 OLYMPIC

P113 DEMI

*SUBJECT TO CHANGE

SCHEDULE

SATURDAY JUNE 28, 2025

EVENT	START	END	LOCATION
C25 SPRINT Athletes' Ceremony Awards and Medals Ceremony	10:30 AM		Les Quais de l'Espace Quatre Cents Main Stage 100, Quai Saint-André, Québec, QC G1K 3Y2 
A51 OLYMPIC Equipment Pick-up	10:30 AM	12:30 PM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2 
A51 OLYMPIC Athletes' Ceremony Awards and Medals Ceremony	11:30 AM		Les Quais de l'Espace Quatre Cents Main Stage 100, Quai Saint-André, Québec, QC G1K 3Y2 
P113 DEMI Triathlon Registration Athlete Kit Pick-up	12:00 PM	4:00 PM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2
P113 DEMI Transition Area - Opening Mandatory Bike Check-In No bike drop-off on Sunday morning	1:30 PM	5:30 PM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2
P113 DEMI Mandatory Athlete Meeting (Lottery Roth will be at the end of the last athlete's meeting)	2:30 PM or 4:30 PM		Les Quais de l'Espace Quatre Cents Main Stage 100, Quai Saint-André, Québec, QC G1K 3Y2 
P113 DEMI TEAMS MANDATORY ATHLETE/TEAM MEETING At least 1 team member must attend	5:00 PM		Les Quais de l'Espace Quatre Cents Main Stage 100, Quai Saint-André, Québec, QC G1K 3Y2 

C25 SPRINT

A51 OLYMPIC

P113 DEMI

*SUBJECT TO CHANGE

SCHEDULE

SUNDAY JUNE 29, 2025

EVENT	START	END	LOCATION
Transition Area - Opening No bike drop-off on Sunday morning	5:30 AM	6:30 AM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2
VIP Area For watching the swim start	6:00 AM	9:00 AM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2
Information Center, Media and VIP	6:00 AM	5:00 PM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2
Protocol Ceremony	6:50 AM		L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2
P113 DEMI Triathlon Start All Age Groups (Rolling Start)	7:00 AM		L'Oasis du Port de Québec 100, Quai Saint-André, Québec, QC G1K 3Y2
Expo and Shops	8:30 AM	5:00 PM	Les Quais de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2
VIP Area Finish Line	9:00 AM	5:00 PM	Le Parc des Quais St-André de L'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2
P113 DEMI Equipment Pick-up	11:30 AM	5:00 PM	Le Pavillon de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2
P113 DEMI Athletes' Ceremony Awards and Medals Ceremony Loterie Roth 2026	1:00 PM		Les Quais de l'Espace Quatre Cents 100, Quai Saint-André, Québec, QC G1K 3Y2
End of activities, see you next year!	5:00 PM		

P113 DEMI

*SUBJECT TO CHANGE